

I can write a questionnaire about food and lifestyle.

- 1 **SPEAKING** Do you think your lifestyle is usually healthy or unhealthy? Tell your partner your opinion and give examples.

I think my lifestyle is healthy because I often do/go/play ... and I don't eat much ...

I think my lifestyle is unhealthy because I don't do/go/play ... and I eat a lot of ...

- 2 Complete the questionnaire with the words below. How many questions are about food and how many are about lifestyle?

~~are do us how is what~~

Health questionnaire:

food and lifestyle

- | | |
|---|-----|
| 1 <i>are</i> you a member of a gym? | (b) |
| 2 <i>What's</i> your favourite snack? | (e) |
| 3 <i>do</i> you ever go running? | (a) |
| 4 <i>is</i> a massage healthy, in your opinion? | (d) |
| 5 <i>do</i> you prefer fried eggs or boiled eggs? | (f) |
| 6 <i>how</i> often do you eat take-away food? | (c) |

- 3 Match answers a-f with the questions in the questionnaire.

- Yes, I do, but only when the weather is good.
- No, I'm not.
- Two or three times a month.
- Yes, it is.
- A biscuit and a glass of milk.
- I prefer boiled eggs.

- 4 **SPEAKING** Work in pairs. Ask and answer the questions in the questionnaire. Give your own answers.

- 5 Rewrite the questions in exercise 2, changing the words in blue. Use words from the list below or your own ideas. Then swap questionnaires with your partner and answer the questions.

~~they drink~~ pizza potatoes sports swimming
~~them~~ yoga

- 6 Read the *Learn this!* box. Which questions in the questionnaire in exercise 2 are *yes/no* questions and which are information questions?

LEARN THIS!

Typy pytań

- Pytania ogólne, na które odpowiedź jest krótka i zaczyna się od *Yes* lub *No*.
Do you often go running? No, I don't.
Are you always in bed by 11 p.m.? Yes, I am.
Have you got a bike? Yes, I have.
- Pytania szczegółowe, które rozpoczynają się zaimkiem pytającym (*when, what, how often* itd.).
 Odpowiedzi na te pytania zawierają konkretne informacje.
How often do you eat fish? Twice a week.
What's your favourite fruit? Oranges.

- 7 Put the words in the correct order to make questions.

- day / eat / you / do / fruit / every / ?
Do you eat fruit every day?
- sweets / any / in / there / are / school bag / your / ?
- forms / exercise / do / what / of / do / you / ?
- asleep / you / are / before / 11 p.m. / usually / ?
- eat / you / do / breakfast / always / ?
- relax / you / how / do / ?

- 8 Match the questions in exercise 7 with the categories below.

Questions about food: 1, ...
 Questions about lifestyle:

- 9 Write three more questions for each category. Use the words below or your own ideas.

apples chocolate clean your teeth cycle
 fattening food fried food go dancing salad
 wear sun cream

How many apples do you eat every week?

- 10 Write a questionnaire about healthy living for a school magazine. Include six questions about food and lifestyle. Use your ideas from exercise 9.

- 11 Work in pairs. Swap questionnaires with your partner. Write answers to your partner's questionnaire.

CHECK YOUR WORK

Have you:

- included questions about both topics – food and lifestyle?
- formed questions correctly?
- checked your spelling?